



Holy Trinity C of E Primary School

Being School Ready

Parents often ask how they can help their children adjust to school life.

Below are some suggestions for the summer holidays;

I can...

- Dress / undress myself
- Do up buttons and zips
- Go to the toilet independently
- Use a knife and fork
- Blow my nose
- Listen and follow instructions
- Share toys with my friends
- Sing lots of nursery rhymes
- Tidy up when I have finished playing

I know...

- My name
- My age
- Different colours
- How to hold a pencil
- My teacher / teaching assistants name
- My school name



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Once your child has started school

1. Establish a routine, allowing plenty of time before school to eat breakfast.
2. Get school things ready the night before
3. Ensure your child has plenty of sleep – they will be very tired!
4. Talk to the class teacher if any problem arise
5. Give your child time to talk about what has happened at school.
 - There will be lots of new experiences and your child will need time to digest these.
 - They will talk to you when they are ready.